

# THE EAGLE HILL HSA NEWSLETTER

## HSA CALENDAR

- 11/11: No School
- 11/12: HSA Meeting 6:30pm
- 11/12: No Enrichment Period
- 11/18-23: Book Fair
- 11/22 - 11/23: Aladdin Jr. musical
- 11/18: BOE Meeting 6pm
- 11/26: Early Dismissal
- 11/27-29: Thanksgiving Break

### Coming Soon!

- Gertrude Hawk Fundraiser
- Snow Tubing Event

Chairs and Volunteers are  
needed to support new efforts!

## INAUGURAL ISSUE

*Welcome* to the first issue of the Eagle Hill Home & School Association Newsletter. Our goal is to connect with you frequently to keep you informed on what's happening at Eagle Hill!

October was filled with lots of fun activities, including Halloween dances for all of our students. Our annual Halloween Hustle participants enjoyed perfect weather for a run, and we had our monthly Popcorn Day. Thank you to everyone who contributed their time, donations and support.

We welcome your questions, feedback and story suggestions. Please let us know how we can help to provide transparency, information and more community!

Email: [EagleHillHSA@gmail.com](mailto:EagleHillHSA@gmail.com)  
Website: [www.eaglehillhsa.org](http://www.eaglehillhsa.org)

Written By: Angelique Massey, Nadia Tsai, Erin Badway  
Tracy Haswell, & Kala Jenkins

# THE SPOTLIGHT

**Our teachers and staff are working hard every day to provide an engaging and safe learning environment.**

**We are taking you inside Eagle Hill to get the scoop!**

## STAFF SPOTLIGHT



### *Donna Decker*

Staff Q&A

*What is your position at Eagle Hill?* Secretary in the Main Office.

*How long have you worked here?* 8 years

*What is your favorite aspect of working with middle school students?*

I love to watch how they grow and change and mature into young adults with their own unique personalities.

*If you could have a super power, which one would you pick and why?*

I'd like to be able to teleport so I could go back and forth quickly to visit my grandkids.

*Name one fun fact about yourself:* My husband makes my lunch everyday and writes special notes on my banana peel.

## COMMUNITY SPOTLIGHT

### **Book Pillow Project**

**Contact: Kate - [Kbryant@fmschools.org](mailto:Kbryant@fmschools.org)**

### **BOOK PILLOW PROJECT**

Eagle Hill 8th grade students will partner up with Enders Road 3rd grade students this year to create their buddy a book pillow.

Our buddies will meet, read and our 3rd graders get to keep their special pillow and book.

#### **We Need Your Help! Donate Now to Eagle Hill HSA.**

What We Can Use:

- All Purpose Thread
- Solid pink and blue cotton
- Fun fabric (in 2 yard increments)
- Pillow stuffing
- Money for specific supplies



**TO DONATE VISIT:  
[EagleHillHSA.org](http://EagleHillHSA.org)**

# IN THE NOW

## Scholastic Book Fair



The Fair will run Nov. 18-23 in the Eagle Hill Atrium, and will be open for students during school hours and enrichment period. FM Family & Community hours will be on Nov. 22 from 3:45-9pm, and on Nov. 23 from 10am-3pm. Volunteers are needed. Contact us to learn more.

Please visit our Homepage ([www.scholastic.com/bf/eaglehillmiddleschool](http://www.scholastic.com/bf/eaglehillmiddleschool)) to see our Book Fair information, and to set up an eWallet payment for your student.

Volunteer Here: (<https://www.signupgenius.com/go/4090E44ADAE2BA6F85-52715798-scholastic>)

Other forms of payment accepted are cash, credit card, and Apple Pay. If you can't make it to the Fair, then shop at our school's Online Book Fair until November 30. All orders ship directly to your home, and shipping is free for book orders over \$25. Your online orders will also benefit our school.

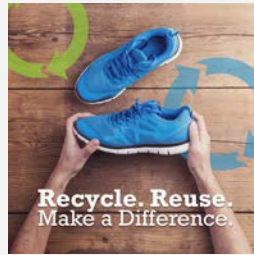
## Crayon Collection

Please continue to send in your used and broken crayons for our art teachers. They will be using them to make mosaics with their students. We will be sure to share pictures of the artwork!

## Halloween Dances

Our students had lots of fun celebrating Halloween this year! Photo booths, DJs, and lots of amazing costumes were on display at Eagle Hill and Wellwood this year. Take a look at some of the sights our students and volunteers got to enjoy!

## Got Sneakers?



Did you know most people throw away their unwanted sneakers after 250-400 miles, or every 125-200 days, without ever thinking about recycling? Since sneakers are manufactured with materials that are not biodegradable, they remain in landfills or are incinerated which leads to toxic chemicals in our air and soil. Our school is running a sneaker recycling program to help make sure unusable shoes don't end up in landfills, or are given a second life and help our school raise some funds!

Please send in your athletic shoes (measuring 8 inches and larger) in any condition. This can include rubber cleats, running shoes, etc. We will start collecting on December 2nd, so start setting your old shoes aside to drop off at Eagle Hill!

## Call for Volunteers

There are a variety of events we'd like to host during the rest of the school year. We are looking for volunteers to lead or participate in the following events. Please email us if you are interested in leading one of these committees, or have a new idea you'd like to initiate!

Winter dances  
Parent/caregiver night out  
FM's Got Talent  
Movie Night  
Fundraising committee chair  
8th grade celebration committee

## THE READING CORNER

Here are a few book recommendations for our young readers.

### **Sports:**

*Ghost* by Jason Reynolds  
Ghost is a talented runner who joins a track team and faces challenges related to his past and family. The story emphasizes perseverance and self-discovery.

### **Fantasy/Magic:**

*The Girl Who Drank the Moon* by Kelly Barnhill  
Luna, a girl fed moonlight instead of starlight, discovers her magical powers while learning about her past and the world around her. It explores themes of love and choice.

**History:** *No Better Friend: Two Dogs, One Mission, and a Very Different Way of Life* by John O'Brien  
This true story follows the bond between a soldier and a stray dog named Rex during the Vietnam War. As they navigate the challenges of war, their friendship highlights themes of loyalty, courage, and companionship.

### **Growing Up:**

*When you Catch a Tiger* by Tae Keller  
This award-winning novel follows Lily, a girl who returns to her Korean heritage and faces family struggles after her grandmother becomes ill. When Lily encounters a tiger from a folktale, she must confront her fears and uncover the stories that connect her to her family and culture.

### **Mystery:**

*The Westing Game* by Ellen Raskin  
Sixteen heirs must solve clues in a millionaire's will to win his fortune, filled with twists and quirky characters that challenge readers to unravel the mystery.

# Health and Wellness Matters

## Gratitude Journaling

All Eagle Hill students are invited to sign up for gratitude journaling with Angelique during enrichment period 11/18 - 11/21. Each participant should bring a journal (or composition books will be provided). During this session, we will practice some light meditation, and spend the rest of our time focusing on gratitude and journaling. The goal of these sessions is to inspire attendees to incorporate gratitude journaling as a daily practice. Students were invited via email to sign up.

## Big Read #1 Recap

The first Big Read session was a huge success, with over 100 parents and caregivers attending in person and over 40 online attendees. After an initial presentation, attendees participated in breakout sessions for engaging discussions. The next meet up in December will cover chapters 1-4 of the book with other FM community members.

## Smartphones and Social Media Forum

During the 5th/6th grade Halloween dance, parents and caregivers were invited to participate in an open forum to discuss their concerns around social media usage and smartphones. Concerns shared revolved around mental health, the use of Snapchat and managing screen time and permissions. Be on the lookout for more programming, and if there is a topic you would like to learn more about, please let us know!

## Halloween Hustle

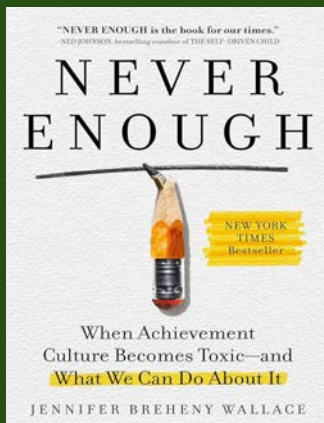
Our 2nd annual fun run was a huge success! Runners enjoyed fantastic weather, and at the end refueled with cider and donuts. Thank you to all of our participants!



## THE BIG READ

Join fellow FM families to read, reflect, and discuss how we can shift the "toxic achievement culture" that has affected one in three American students, including those at FM. Register now for the next event on Dec. 3 @ 6:30 at FM High School.

[fmbigread.wixsite.com/neverenough](http://fmbigread.wixsite.com/neverenough)



## Sheet Tray Maple Cinnamon

### Trail Mix

Ingredients  
for 6 servings

- 1 cup pumpkin seeds
- 1 cup walnuts, chopped
- 1 cup raw almond, whole, unsalted
- 1 teaspoon ground cinnamon
- 3 tablespoons maple syrup
- 1 ½ teaspoons salt
- 1 cup dried cranberry

### Preparation

- 1 Preheat oven to 350°F (180°C).
  - 2 In a bowl, add the pumpkin seeds, walnuts, almonds, stir to combine.
  - 3 Transfer to a parchment paper-lined baking sheet and bake for 10 minutes.
  - 4 Let cool completely, then toss with cranberries.
- Store in an airtight container for up to 1 week.



## A WORD FROM OUR SPONSORS



### ADVERTISE WITH US!

Contact: [EagleHillHSA@gmail.com](mailto:EagleHillHSA@gmail.com)  
Multiple Opportunities available



**TOPS**  
Supports Schools in  
Our Communities

Register your TOPS card with  
The HSA. Learn more at  
[EAGLEHILLHSA.ORG](http://EAGLEHILLHSA.ORG)

### GOT CANS OR BOTTLES?

Return your cans or bottles at the bottle and can retrieval centers and let them know that you would like to donate your return to the EAGLE HILL HSA!

**Bottle & Can**  
RETRIEVAL CENTERS™

Every little bit helps! Thank you!



# FAQs

*Here are just a few questions we have been getting lately.*

### What is the Enrichment Period?

Enrichment period is a short amount of time after school where students can participate in a number of opportunities. Clubs, after school help with school, and other social enrichment can be provided. Information on the schedule can be found in Schoology. There is a form students must fill out to let school know they are staying after. There are buses to bring them home or you can pick them up in the auditorium circle.

### Can I start a Club?

Yes! A club needs at least 10 interested students and a teacher willing to host the club. A club can be about anything, within reason. The principal must approve the club.

### See You SOON!

Don't miss our next HSA Meeting on Tuesday, November 12 in the EH cafeteria. We'll have a special guest this month, as Laurel Chiesa, Director of Instructional Technology, will join us to survey Eagle Hill families around topics such as accessibility, equity, communication and support of learning.

Every meeting includes the Principal's report, an update on previous and planned activities, and an open forum for parents and caregivers to discuss current and important topics at Eagle Hill. We hope to see you there on 11/12 at 6:30pm. Please let us know if you would like to attend virtually.

## COMMUNITY IN THE KNOW

### Upcoming Events

Ski and Skate Sale at 1 Arkie Albanese Ave  
November 16th 10am to 12pm

The Wild Winter Wonderland of Lights  
The Wild Animal Park  
Friday, November 15th from 5-9pm

15th Annual Turkey Trot  
November 28th at Fayetteville Manlius High School

Village of Manlius Tree Lighting  
Sunday, December 1st

**THANK YOU FOR YOUR SUPPORT!**

